



Bereavement Counselling - Essentials

This course is a precursor to being able to deliver counselling services to the clients of The Bereavement Counselling Charity. Upon successful completion, you will be able to join our team of Counsellors where we will offer you the opportunity to work with clients in their own homes in the borough of Havant, North Portsmouth, Petersfield and surrounding areas and via video conferencing or phone. You will be allocated a monthly supervision group with a qualified supervisor, receive travel expenses of up to 30 miles per visit and, when funding allows, you will be able to access additional CPD opportunities.

Aims and Objectives

This course is aimed at both qualified and trainee Counsellors who would benefit from learning how to counsel those who have suffered a bereavement. This course will enable you to;

- ▶ Understand the difference between grief and bereavement
- ▶ Appreciate how individuals can be affected by the loss of someone significant
- ▶ Apply learnt techniques in a Counselling situation

Course Content

The Grief Wheel
Complicated Grief
Criteria for Diagnosing Complicated Grief
Pointers to Complicated Grief/ Philosophical Perspective
Symptoms of Depression
Trauma Intervention
Assessing for Suicide Risk
Guidelines for dealing with a Suicidal Client
Special considerations around Suicide
Tasks of Grieving
Infants and Toddlers
Planning your own Funeral

Your Commitment

To attend this course, you must:

- Submit a completed application form
- Include in your application two references
- Provide a successful DBS Check

Following training you need to be able to commit to:

- Working with 2-3 clients per week for a minimum of 18 months
- Attending a monthly supervision session
- Willingly supporting clients in the areas covered by the charity

Venue

[Rowans Hospice Charity](#)

Purbrook Heath Road, Purbrook
Waterlooville, Hants PO7 5RU

Dates and Times

25 and 26 March 2023

1 and 2 April 2023

10.00 am to 4.00 pm

Refreshments

Tea, coffee and biscuits are provided, please bring your own lunch.

Fees

£200.00 (please note a £50 non-refundable deposit is payable on acceptance to the course, remainder payable by 12 March 2023)

Certification

Attendance certificate will be provided on successful completion

Contact Details

The Bereavement Counselling Charity
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Hampshire GU32 9EJ

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Call: 07827491902 (main number)
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